Hello Region II!!! I hope your chapter year is the best it can be! If not, I think we have some tools to help. We will be having a brand new agenda happening for the Regional Operating Committee (ROC) Meeting this Spring in Scottsdale, Arizona. We will be incorporating chapter best practices and invite you to share what really works and what you would recommend to other chapters that may work for them too. I would like for you to start sending in any ideas you or your chapter would be willing to share. Ideas could include: succession planning, awards celebrations, technical luncheon recommendations and many more. Please email me at tim@safestart.com any ideas you may have.

The ROC will take place right after the Region II Professional Development Conference on April 22-23. I would encourage you to register for both the PDC and the ROC. All are welcome to attend. If you have any questions about the Region II PDC please contact the ARVP of Professional Development, Jeff Citrone at jeffcitrone@comcast.net. I would also like to thank our Region II Leader Volunteers. Dustin Richartz, Area B Director; Mark Grushka, Area A Director; Melissa Schmatlz, ARVP Awards and Honors; Susie Vader; ARVP Secretary; Ryan Oughterson, ARVP Finance; Craig Dickensheets, ARVP Communications; Jeff Citrone, ARVP Professional Development; Harry Beaulieu,

### Mentoring

Professional Development Through Peer Interaction

Arizona ASSE has launched a mentoring page on its website because of the efforts of Arizona ASSE Student Mentor/Advisor Chair Michael Bryant to start a mentoring program matching up occupational safety students at GateWay Community College, Embry-Riddle Aeronautical University and Arizona State University with professionals to help guide their career. Bryant is now reaching out to students and professional members to go to the page and register as either a mentor or a mentee.

“We are encouraging professional members to invest in the future by devoting about 60 minutes a month mentoring a student member” Bryant explained.

Bryant said that when he was looking at mentoring programs during planning
Mentoring continued...

Continued from Page 1:

meetings there were mentoring programs like Women in Safety Engineering (WISE) that focused on helping professionals, and he wanted something for students and professionals.

The website describes what mentoring entails, who might need a mentor, and the benefits for both the mentor and mentee, along with how it works.

There are tutorials for creating profiles and resources including an agreement encouraging both people to discuss what the goals, meetings, boundaries, and ground rules would be for the relationship.

Southern Colorado Chapter (SOCO)

The Southern Colorado Chapter (SOCO) of the American Society of Safety Engineers is thriving! We have three new officers in position that were a result of the 2015 election. John Crawmer is the President, Michael Hawkins is the Vice President, Bill Tuten is the Treasurer and Ellen Sarvay is the Secretary. Reflecting back on the past year, here are a few of the happenings for the SOCO Chapter. In May, we toured the Alle-gion plant in Security, Colorado, formerly known as Schlage Lock, this plant has a vibrant safety program and allowed SOCO membership to see their successes in person. In July 2015 we had a technical tour at the "Southern Delivery System" water treatment plant in Colorado Springs. Then, in September, we toured the “Ray D. Nixon Power Plant” in Fountain, Colorado. During August 2015 our golf tournament raised funds for the “D. A. Weaver Scholarship” at the prestigious “Broadmoor Hotel” in Colorado Springs, Colorado. Also, in the Autumn month of September 2015, the SOCO President and one of the SOCO Chapter’s newest members participated in the Southern Colorado Construction Careers Days and taught high school students about fall protection and construction safety. In November we hosted a Compliance Safety and Health Officer, from Region 8 Occupational Safety and Health Administration, to discuss regional trends and the new “Confined Spaces in Construction Standard.” In December, we held a “Membership Appreciation Dinner” at The Drury Inn, located in Colorado Springs, Colorado as a way to say, “Thank You” to our members and

Snake River Chapter
Lt. Schoenborn shared Active Shooter Response at November meeting

Lieutenant Doug Schoenborn, with the Boise Police Department, shared information on how to respond to active shooters at our November meeting. He began by describing active shooter incidents in the last 15+ years and pointing out similarities and differences. Active shooter events are unpredictable and evolve quickly. Most are over in 10 to 15 minutes.

He described what happens during an event, including screaming, fire alarms, sprinklers (triggered by smoke), sirens, crying, chaos, yelling, smoke, confusion, and "firecrackers.” People often remember hearing firecrackers and do not realize that the sound is actually gunfire.

People need to understand that they may be at risk. He suggested that
Active Shooter cont...

Continued from page 2-
everyone should proactively re-
search the best ways to protect
themselves and others, and do
something versus doing nothing!
Know your options. Law enforce-
ment recommends a series
of steps, summarized as Run
-Hide-Fight. The first step is
to Run. If there is an escape
path, evacuate. Help others if possible, follow police
instructions and keep your hands
visible. When you are safe, call 911.
If you can’t escape, find a place to
hide. Lock doors, use a doorstop,
and barricade the door with heavy
furniture. Make sure your hiding
place is out of shooting range and
doesn’t trap you.
If running and hiding are not op-
tions, then take action (Fight) as a
last resort and only if your life is in
imminent danger. Try to disrupt or
incapacitate the shooter by throwing
items and improvised weapons, yell,
and follow through.

OSHA updates HazCom Webpage

OSHA’s newly updated Hazard Com-
munication webpage incorporates
drop-down tabs to all topics related
to the revised standard, including
access to letters of interpretation,
the standard, guidance docu-
ments and frequently asked ques-
tions. The revised webpage also in-
cludes a new international tab with
access to the Regulatory Coopera-
tion Council information. Another
new tab provides history and back-
ground on how OSHA’s Hazard Com-
munication Standard aligns with the
United Nations Globally Harmonized
System of Classification and Label-
ing of Chemicals.

Lowell Townley celebrates 40 years!

Long-time member Lowell Townley
is celebrating 40 years with ASSE!
Lowell grew up in Boise, and re-
ceived a BS in Environmental Sci-
cence from University of Nevada at
Las Vegas. He returned to Boise
and landed a job with Morrison
Knudsen (MK) where he started a
long career in safety, from supervi-
sor to field engineer to Corporate
Director of Environmental, Safety,
and Health.

Along the way he became a regis-
tered Professional Engineer in Safe-

ty, a Certified Safety Professional,
and he earned an MBA from Boise
State University. He later served in
similar safety management positions
for Barnard Companies, Hewlett
Packard, and now with AECOM
(formerly MK) at the Hanford site.

In his spare time, Lowell enjoys
spending time with his family, grand-
children, and his Ford tractor!
ADOSH Assistant Director Jessie Atencio discussed information he gathered at the Federal Steering Committee in Chicago at Arizona ASSE’s monthly construction meeting Friday, December 11, 2015.

Topics in this wide-ranging discussion included:
- Citations on hazardous material exposure limits beyond PEL
- New guidance on infectious diseases
- Lockout tagout using computer based controls
- An update to powered industrial truck regulations
- Revision to Process Safety Management (PSM)
- The ongoing combustible dust revision
- Pending Silica regulations
- The new Walking Working Surfaces for General Industry regulation
- How ADOSH will handle the Federal Recordkeeping regulation
- Compliance Officer Guidance
- Confined Spaces for Construction
- The emphasis on Temporary Workers
- And new guidance on the Safety Health and Management System

**General Duty Clause in hazardous material exposure citations**

OSHA outlined how they will use the General Duty Clause to cite exposure limits beyond the Permissible Exposure Limits (PEL) to more protective occupational exposure limits based on industry practices, the American Conference of Governmental Industrial Hygiene (ACGIH) Threshold Limit Values (TLV), and the National Institute of Occupational Safety and Health (NIOSH) Recommended Exposure Limits (REL).

**Infectious Disease Rules**

OSHA is looking at rules on infectious diseases based on NIOSH guidelines. This will more directly affect hospitals, but because of the multiple employer element of regulations, will impact construction work at hospitals. “(For) construction work at hospitals, they have to give you as much information as anybody else” Atencio said.

**Computer Based Lockout Tagout**

The last couple years, OSHA has fielded enough variance requests for computer based lockout tagout controls they are creating guidance on the matter. Atencio said he expects that to come out in the next couple quarters, and that the points OSHA wants to ensure is that these computer systems will lockout the hazard 100 percent of the time and there is a way to tag and sign off on it.

**Powered Industrial Trucks**

“Who here cares about powered industrial trucks,” Atencio asked. “There is going to be a big update to it, to follow the current ANSI standard.” He said the current regulation is recognized to be outdated with several new classes of trolleys, trucks, and pull along tugs being used. This update may come in the last quarter of the year.

**Process Safety Management**

Process Safety Management (PSM) is a large program that mostly guides how to handle hazardous materials in the
petrochemical industry, and is going through a revision. but Atencio talked about how the Arizona wastewater treatment facilities with large amounts of chlorine gas have to follow it. This revision is also likely to affect how subcontractors who may work at PSM facilities are affected with more guidance.

**Combustible Dust**

Atencio said the ongoing combustible dust revision dust isn’t going to happen right now because of the attention currently being focused on the upcoming Silica regulation.

**Silica**

The Silica regulation is coming out in January. Arizona will have six months to prepare for it, and is taking the wide Silica seriously. Atencio said they will be sending out 5,000 letters throughout the state, but they are still waiting for the final details. This will affect a lot of employers because of how common silica dust is generated through cutting and grinding and how few places currently do the monitoring to determine if they are below the threshold.

Atencio said ADOSH has intentionally completed some monitoring tests during consultations to understand the limits. “It’s fast to get an over exposure. You can violate it very quick,” he said.

The regulation will create more opportunities to have to follow proper respiratory protection which without correct fit testing is easy to violate.

**Walking Working Surfaces**

The update to the Walking Working Surfaces regulation 1910.23 based on the Construction Fall Protection regulation but using the four foot threshold is still coming. Atencio said this will affect a lot of maintenance work, roof repair, and light installs.

**Reporting Incidents to ADOSH**

This January, ADOSH is adopting the federal recordkeeping regulation passed at the beginning of 2015. If an employer has a hospitalized employee, they should expect to be contacted by ADOSH and asked to report: 1. The nature of the accident, 2. A detailed root cause analysis, and 3. Any outcomes and additional training that’s needed. ADOSH will use this information to prioritize any follow up investigations.

**Confined Space for Construction**

Regarding the new Confined Spaces for Construction, heat is now considered an environmental condition that will turn a confined space into a permit required confined space (PRCS) that will be common consideration when working in attics in Arizona that can affect service technicians, new installs, insulators, fire sprinkler, electricians, HVAC, and plumbers.

One particular concern is the need to have assessed the confined space and have a plan for rescuing an entrant before entering. “Just punching through the roof isn’t a feasible method,” Atencio said.

**Temporary Workers**

Temporary workers are going to continue to be an emphasis in the upcoming year, focusing on ensuring they are trained to the same level of permanent employees and are being given Personal Protective Equipment (PPE).

**Safety and Health Management System**

An update to the guidance for the Safety and Health Management System that is very similar to the attempted IIPP regulation coming out that Atencio said could eventually affect how compliance officers will look for willfulness violations in citations.
Safety Conference - Advancing Workplace Safety Culture
March 8-10, 2016
Billings, MT

One of the premier objectives of the conference is to provide safety professionals, decision makers and employees at all levels, with knowledge, resources and training that will enable them to enhance the safety culture in their workplace, as well as provide emergency responders with improved tools and resources for emergency preparedness.”

For complete information on the conference, go to http://www.mssc.org/safety-conference/
To register, click on http://www.mssc.org/safety-conference/conference-registration/

Are you going to raise your hand this year?
There are still positions open!
The Nominations & Elections Committee is pleased to announce the Slate of Candidates for the 2016 Society election. To view the list of 2016 Candidates go to:
http://www.asse.org/elections/slate/

Thank you to all who participated in the 2016 Nominations process. There are still open positions for the 2016 Society Elections and there are several immediate opportunities to get involved and fill a vacant position. Volunteering with ASSE not only supports and advances the organization, but as a Volunteer your professional network will grow, you will benefit from access to professional development opportunities, and gain insights to trends and innovations in the OSH Profession.

NAOOSH
NAOOSH Week
2016: May 1-7

North American Occupational Safety and Health Week, or NAOSH Week, occurs every year during the first full week of May.

Occupational Safety and Health Professional Day (OSHP Day) falls on the Wednesday, the 4th of May. ASSE urges everyone to get involved in NAOSH Week in an effort to better educate the public about the positive benefits a safe workplace provides not only for workers, but for their families, friends, businesses, their local communities and the global community. Find out how you can be a part of this exciting week!
http://www.asse.org/newsroom/naosh/what-is-naosh-week/
Big Sky Chapter Hosts  
CSP WORKSHOP-MISSOULA, MT

Dear CSP Workshop Participant:

Thank you for your registration in our Certified Safety Professional (CSP) Workshop that will be conducted April 19-21, 2016 at the Courtyard Marriott-Missoula, 4559 North Reserve Street, Missoula, MT, 59808. A block of rooms have been reserved to receive a group rate of $109 per night. The discounted rate will be available until the March 19, 2016 or until the group block has been sold out. Direct line for the Marriott is 1-406-549-5260. Click here for Marriott's website.

Workshops will be held from 8:00 a.m. to 4:00 p.m. each day with an hour lunch and periodic breaks. This intense three day workshop combines lecture, guided discussion and self directed learning focused on the exam blueprint. Theories, management systems, and applied fundamentals of the practice are the concepts presented on the exam. The workshop is delivered by a subject matter expert with several years of experience as a practicing safety professional. The facilitator serves as an exam mentor, ensuring an environment conducive to professional development.

The SPAN workshop curriculum includes two workbooks, calculator, notepad, pencils and the Exam Prep online learning management system, CertiBok. The CertiBok is a six month membership, you may choose your start date by contacting us or it will begin during the week of your workshop. During each workshop we proceed straight through the workbook, assisting you in working the math and science problems. We will also provide instruction and discussion about each of the theory or application questions.

To reserve a seat in any workshop full payment must be received thirty days prior, unless special arrangements have been made. No refunds will be made for cancellations received on or after the workshop start date.

If you take an examination after completing one of our workshops, within one year of attendance, and do not pass the exam, you can RETAKE THE WORKSHOP AT NO ADDITIONAL CHARGE. This applies only to our public workshops and depends on the workshop having the space available.

SPAN is dedicated to your professional development and success on the exam. Should you require additional information or need assistance, please contact

Dan Snyder  
Owner  
densnyder@spansafetyworkshops.com  
Mobile 417.773.3555

1 Lodging, travel and meals are not provided. Each participant is responsible for travel arrangements and motel accommodations.

2 Cancellation fees are subject to a 15% cancellation fee up to 30 days prior and a 20% cancellation fee from 30 days prior until workshop start date. Cancellation of a workshop for any reason is limited to the return of the registration fee.
REGION II PDC AND ROC

AZ ASSE WELCOMES YOU TO

2016 SPRING ROC

LOCATION
CHAPARRAL SUITES
5001 N SCOTTSDALE RD
SCOTTSDALE, AZ

HOTEL REGISTRATION
CALL 1-800-528-1456
BEFORE MARCH 21, 2016
MUST SAY YOU ARE WITH
‘AZ ASSE CONFERENCE’

ROC REGISTRATION
EMAIL Melissa Schmaltz

PDC / ROC EVENTS
4/20 — WISE KICKOFF NETWORKING EVENT
4/21 — REGION II PDC, NETWORKING EVENT
4/22 — REGION II PDC, ROC, AWARDS GALA
4/23 — ROC

April is a great time to be in Phoenix, I hope that you are able to take some time to enjoy our great town. Don’t forget your swimsuit to enjoy the new pools and spa onsite, and prepare for some fun at the numerous networking events to take place! Please contact me with any questions.

Contact person: MELISSA SCHMALTZ, AZ CHAPTER PRESIDENT
Email: melissas@ping.com Phone: 480-202-3440
2016 IASE/ICE SYMPOSIUM

Pursuing New Knowledge Frontiers

2016 IASE/ICE Symposium

Idaho State University, Pocatello, ID
March 31 - April 02, 2016

Planned Activities

- Visit the BYU-Idaho Research & Creative Works Conference
- Tour of CAES and Other INL Destinations
- Research Presentations and Posters
- Guest Speakers
- Continuing Education Sessions
- Banquet

Call for Abstracts

The Organizing Committee invites abstract submissions for papers and posters to be presented at the 2016 Symposium.

Submissions on any science or engineering topic of interest to citizens of Idaho are encouraged from students at all levels, educators, and others involved in research in or related to Idaho and the Intermountain Region.

Those wishing to present (either posters or papers) at the symposium should follow the Abstract Instructions. Presentation abstracts are due by Friday, February 5, 2016. Abstracts may be submitted after December 14, 2015. Please submit early to aid in conference planning via the link at: http://Idaho.Academy.

Interested in organizing a session or helping in some other way?
Please contact symposium.director@Idaho.academy and/or ED@Idaho.academy after December 14.

Please contact the IASE Executive Director with any questions: ED@Idaho.Academy
Greetings Region II ASSE,
I am Craig Dickensheets from the New Mexico Chapter. I am serving as the Regions’ ARVP of Communications which include the Region Newsletter and Website. I would like to ask for a few volunteers to help serve on several committees on the Regional Board. My motto has always been “make it better for the future”. We really could use your help and expertise. I want to thank everyone who submitted articles for this newsletter. Please keep the information coming. Again, if you’re interested in serving the Region, just send an email to the committee chair you would like to work with. Take Care and Be Safe!! Craig
Craig A. Dickensheets M.S., CSP, CHMM