Area B Director Wins Prestigious “Rising Star” Award

The National Safety Council is pleased to recognize the 2014 Class of the NSC Rising Stars of Safety, presented by DuPont Sustainable Solutions. These young professionals are working to address new challenges, promote a cycle of continuous improvement and create initiatives focused on measurable outcomes – key components of the council’s Journey to Safety Excellence.

Lockton Companies’ Dustin Richartz, Senior Loss Control Consultant was among the select honorees chosen by the National Safety Council.

“I am both honored and humbled to be recognized by the National Safety Council as one of the Rising Star of 2014,” said Richartz. “I am very fortunate to be surrounded by a number of very talented professionals and to have the opportunity to work with a number of exciting clients here at Lockton that are continuously looking to enhance their existing programs.”

At Lockton, Richartz focuses on assisting clients with identifying cost-drivers associated with their property and casualty risk management programs, developing and implementing processes to minimize those costs, and acts as an advocate to help coordinate the services provided by other third-party loss control personnel.

Richartz is also active in the American Society of Safety Engineers (ASSE) and acts as the Region II Area B Director; and is a member of the ASSE Oil and Gas Practice Specialty. He served on the executive board of the Colorado Chapter and was the Colorado Chapter President in 2011-2012. He also serves on the ASSE Regional Leadership team and serves on multiple national-level committees.

See a message from Dustin on page 3.
FREE Safety Training for Region II ASSE Student Members

ETC Compliance Solutions has implemented a program for ASSE Student Members to attend safety and environmental courses in order to enhance their college learning experience. Formalized safety training will expose them to “real world experiences;” enable them to interact with other health and safety professionals; and add recognized training qualifications to their resume.

ETC Compliance Solutions, an Arizona-based EH&S training and consulting company is offering Region II ASSE Student Members the opportunity to attend any ETC Open Enrollment course in Phoenix or Tucson free of charge*. There is no limit to the number of courses they may take, as long as they are a verified member of the ASSE Student Chapter in Region II.

Carole and John Benz, ETC’s owners, have been Southern Arizona Chapter members for many years and believe that supporting future safety leaders is a critical part of ASSE’s national, regional and chapter strategic goals. With last year’s formation of the University of Arizona College of Public Health the time seemed right to implement this program.

If you are interested in taking advantage of this opportunity, check out ETC’s open enrollment schedule for courses, dates, times and locations at www.e-t-c.com. To register: call the office at 602-923-9673 / 520-321-1999 (you cannot register online), identify yourself as an ASSE student member; be prepared to give your ASSE membership number.

In establishing this incredible training benefit for Student Members, Region II is extremely grateful for ETC Compliance Solutions’ leadership in the area of supporting our future safety leaders.

*Students must qualify for classes and are responsible for any book or class fees, if applicable.

EDITOR’S CORNER -

Welcome again to the first edition of the Region II Newsletter for 2015. The beginning of the year is typically associated with making resolutions. According to Statistic Brain © about 45% of all Americans regularly make New Year’s Resolutions. However, only about 46% of the resolutions made last more than 6 months. How do you increase your chances of fulfilling your resolutions? Experts say there are 4 things one can do:

Write the resolution down;
Post the resolution somewhere where you regularly see it;
Share your resolution with as many others as you can; and
Use a calendar to plan key steps in completing your resolution.

As with New Year’s Resolutions, I believe we all develop annual safety resolutions. We should keep these steps in mind when we are trying to fulfill those throughout the year.
## A Message From Dustin Richartz, MPH, CSP, Your 2014—2016 Area B Director

### 2015 – Here We Are, Now What?

As I was sitting here pondering what message would I like to communicate to those that take the time to read the newsletter three topics kept smacking me in the face. 1) New Beginnings, 2) Mentoring and 3) Leadership. Unfortunately, time and space will only permit a short discussion of each but I think each topic deserves some reflection as we kick off 2015.

### New Beginnings

At the beginning of each year many individuals and organizations step back to evaluate where they have been and where they are going. As a professional, I believe that this a good practice to do continuously, or at least on an annual basis.

As a Society there has been much debate on what does the future hold for ASSE and the Members that make up the Society. This has caused some to just shrug their shoulders and move on, some to flinch and fight change, some to step back and think critically through each step and some that are just excited about the change and running forward without knowing where the road may lead. While not one of these responses is right or wrong in itself, it is important to understand that every individual may react differently and then find ways to positively move forward on all fronts. As we all know in life, there are only a few things that are unavoidable these things include change, taxes, death (eventually), etc… With that said, we are at an exciting point in the evolution of both ASSE and the Safety Profession, we are at a crossroads as a Society, where we can step back and evaluate what is working and what needs to change to help us better meet the needs/desires of our members, future members and professionals that we all associate with that may chose to help us better meet the needs/desires of our members, future members and professionals that we all associate with that may chose to become members. As a Region, we are or will be asking our Regional Leaders, Chapter Leaders and Members to step back and assess what is going well, what may be out there that jeopardizes our success and what can be done to drive continuous improvement/enhancement.

As professionals, this is also a great time to evaluate our own performance and determine what we are doing well, where we may have room for improvement and how we may be able to drive improvement within ourselves.

### Mentoring

As we are making our evaluations on our personal growth, one area that is often overlooked is the area of mentorship. Ever since I came into the profession (over 15 years ago), I have heard a number of discussions and read a number of published articles/discussions on the topic and I continue to keep an eye open on the topic, because of the important role mentoring plays in the development of professionals at all levels. I recently was on LinkedIn and an article on the topic was posted that I think summed up what mentoring and the importance of finding a good mentor really means and it also gave some pointers on how to select a mentor. (add Hyperlink to LinkedIn Article)

Several concepts (paraphrased) in the article that are sometime overlooked included:

- You don’t need a “formal” mentoring experience to be mentored and learn from others and you don’t need to ask for permission to have someone mentor you. Many lessons can be learned by just observing.
- Find someone that you respect and share values/common interests with. This will make establishing a long-term professional relationship much easier.
- Find someone that is positive. If you surround yourself with individuals that are always looking only at the negative, you will find yourself quickly falling into negativity and becoming more argumentative and begin just fault finding, rather than being constructive and solution based.

Don’t shy away from blunt and honest feedback and continuously seek out feedback. If you want to grow, sometimes you have to hear that what you did failed to hit the expected mark, while also balancing that out with the areas that you did well and need to continue to strengthen. If you don’t want to hear your stuff stinks then you probably don’t want to make the necessary changes to become even better.

Whether you take the time to review the full post or not is up to you, however I would encourage each of us to take it upon ourselves to find a mentor and/or mentee. From personal experience, I can say that each of us has a story to share and if we take time to just listen we may find that we learn more from those we are mentoring than we expected. I have also say that some of the best lessons I have learned in my career (both positive and negative) have come from just observing how other professional carried themselves and how they respond ed to both success and adversity.

### Leadership

Over the years, we have all seen/heard great quotes, articles, books, etc. on the topic of Leadership, and what better way to kick off the new year that to once again review what leadership is/is not. I have never been proclaimed a leadership guru by any means, but I have had the opportunity to see great leadership in action and also the consequences of poor leadership. So rather than focusing on what makes a great leader, I want to challenge each of you to step back and evaluate those individuals you admire and identify what characteristics drew you (or others) to follow their lead. Then take a look in the mirror to determine what characteristics of a leader you need to further develop to enhance your ability to lead, not just within ASSE, but within your families, companies and communities. I would also challenge you to look around yourself and see if there are people following you. If yes, identify the strengths that draw people to you and follow your lead and then build on those strengths. If no, then the opposite is true and you need to evaluate what leadership characteristics and behaviors are keeping people away. (cont. on pg. 5)
WELCOME TO SAFETY 2015 - BIG THINGS HAPPEN HERE

Expand your capabilities, connect with your peers and get inspired at the ASSE Safety 2015 Professional Development Conference & Exposition. Only an educational event of this caliber can bring together the most distinguished speakers and strategic sessions covering the latest topics and trends. It’s sure to leave you not only inspired, but up-to-date on the latest evolution of OSH strategies, skills and innovations. Connect with more than 4,000 of your peers. Register today.

Kay Bailey Hutchison
Convention Center
Dallas, Texas

http://www.dallasconventioncenter.com/

ASSE Invites Kids to Enter Art and Video Contests Touting Workplace Safety

It is time once again for students around the world to sharpen their pencils and charge up their video cameras as the American Society of Safety Engineers announces the kick-off of its 2015 Workplace Safety Poster and Video Contest in recognition of North American Occupational Safety and Health (NAOSH) Week. ASSE invites children ages 5 to 13 to create posters, and children 14 to 18 to create videos, celebrating this year’s theme: “Everyplace Is Someone’s Workplace.”

First place finishers in each age group will receive $1,000 in cash. The deadline for submissions is March 31, 2015 with winners announced on or before April 15, 2015. Awards will be presented to the top winners in each of four age groups of the poster contest and each of three age groups for the video contest during the week of May 3-9, 2015. Check www.asse.org/naosh for details.

“The American Society of Safety Engineers is so proud to sponsor these contests,” said ASSE President Trish Ennis. “Workplace safety should be a high priority in every household. Families depend on parents getting home safe and healthy. Additionally, occupational safety and health is a wonderful career option and ASSE is delighted to help introduce young people to the possibility of a solid career of which they may not have considered or been aware.”
In closing, I leave you with a quote that was posted by Ken Blanchard recently. “Be A Leader Today! Coach, Develop and Partner with People!” I use this quote because I believe it sums up everything that I have written in just two short sentences. Whether you want to be a “Leader” or not, it all starts with people and people are looking at what you are doing on a daily basis. If you don’t take the time to step back and evaluate your personal performance, find a way to mentor and/or be mentored and focus on your personal leadership strengths, you will wither on the vine as a professional and limit your own success and the success of others.

We as a Region II Leadership Team look forward to an exciting 2015 and partnering with all who are willing to step forward to help make ASSE and Region II even greater than it is today!!

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**When**
12:00 PM Apr 17 - 1:00 PM Apr 18

**Where**
East & South Rooms
University of Utah Officer’s Club
150 Fort Douglas Blvd, SLC UT

**Lodging and Transportation**
Lodging will need to be arranged by each attending ROC member. The Officer’s Club is located within 100 yards of the Trax (light rail) Fort Douglas Station. Trax transportation fare cards will be provided to those who desire to travel via light rail. Given the proximity to the Trax Courthouse station which provides access to both the Fort Douglas and Smith’s Ballpark in less than 10 minutes, Little America is the recommended lodging option (prices around $109).

**Spend Friday evening at Smith’s Ballpark for the Salt Lake Bees season opener with ASSE Student Leadership Conference Participants**

**2015 Spring ROC registration begins Feb. 1st at region2.asse.org**
Electricity is a vital source of energy in our daily lives. It powers tools, provides light and heat. Our working lives are much improved and efficiency greatly increased thanks to electricity. But what about those situations where power from the grid is unavailable.

Well, portable generators are an excellent tool for such a scenario.

Portable generators can provide electricity for uses in remote areas off the grid or projects not yet hooked up to the grid. These power generating tools operate on fuels (for this article I'll focus on gasoline/kerosene). Well stop horsing around and bring one in and get crack'n on the work! Before cranking up a portable generator consider these safety pointers.

Portable generators bring with them specific hazards different than those encountered from grid generated power like carbon monoxide poisoning, electrocution, noise and vibration and fire. But don't fret, by following a few simple safety precautions you can have power and be safe too.

**Carbon monoxide**

All combusted fossil fuels produce carbon monoxide which is hazardous to anything that breaths. Solution: Use the portable generator outdoors only. Carbon monoxide is not visible nor does it have a detectable odor. Portable generators were responsible for a majority of carbon monoxide deaths involving engine driven tools from 1999 to 2012. So don't take a chance. Keep the portable generator outdoors. (And away from open windows/doors and ventilation intake ports.) Tidbit of knowledge: Use of carbon monoxide detectors is wise in areas near a generator. Carbon monoxide is slightly lighter than air and easily disperses into surrounding areas like crawl spaces or other poorly ventilated areas.

**Electrocution hazard**

Of course you say, generators generate electricity so what's the surprise here? Well, unlike fixed structures like home or office portable generators are not grounded unless the user grounds them. That means pounding a rod into the ground just as you would for a home or other structure. (There are some exceptions, 29 CFR 1926.404(f)(3)(i)). Second, use a GFCI (Ground Fault Circuit Interrupter). Always. Placement of a GFCI must be at the generator itself, NOT the end of the power line. GFCI's are extremely sensitive (compared to circuit breakers) and will protect workers. Avoid water contact. Yes, portable generators are to be used outdoors and weather being weather rain is a possibility. Some generators are designed to safely operate in adverse weather conditions. Some are not. Selection of the generator you plan to use need be suitable for the outdoor conditions expected. Inspect the portable generator before each use. Use only three pin cords. Inspect all power cords/lines before powering up the generator. (See OSHA Fact Sheet, Grounding Requirements for Portable Generators, [https://www.osha.gov/OshDoc/data_Hurricane_Facts/grounding_port_generator.pdf](https://www.osha.gov/OshDoc/data_Hurricane_Facts/grounding_port_generator.pdf)).

**Fire hazard**

It's the fuel. Gasoline or kerosene. It's flammable. If the flammables are stored inappropriately the container contents/fumes may ignite. When refueling a generator, turn it off and allow the engine to cool down before refueling. Never refuel a running generator. Set up the generator in an area away from ignitable materials.

**Noise and vibration**

Small gasoline engines can be sufficiently loud/noisy damaging to hearing. By keeping the generator away from the work area noise exposure is reduced. Consider using hearing protection.

So, let there be light. And be safe.

Copyright (c) 2015 Rocky Mountain Safety Consulting, Inc., 303 330 4616, Greg Gerganoff, gregerganoff@gmail.com, www.rkymtnsafety.com

Greg Gerganoff started Rocky Mountain Safety Consulting, Inc. after spending fourteen years as an EHS Manager/Director in mining, oil and gas and construction in Colorado. Rocky Mountain Safety Consulting, Inc. is a safety consulting firm offering a wide variety of safety assistance including, training, field safety services, safety plan development and implementation, expert witness in safety related litigation, assistance to legal counsel for trail prep, program/field auditing. Greg is studying for the CSP exam and is admitted to the Colorado Bar.
ASSE Region II

2015 Student Leadership Conference
Salt Lake City
(SLC@SLC)

**When:**
Apr 17-18, 2015

**Where:**
Officer’s Club,
University of Utah

**No Cost for Lodging**
U of U Guest Housing

**Who:**
ASSE Student members

- **Learn firsthand** about the differences and similarities from the perspective of EH&S professionals working in mining, construction, general industry and consultation environments.
- **Hear directly** from those in the field of what it takes to be successful in the EH&S profession.
- **Participate** in the workshop that will highlight how to be successful with your resumes, applications and interviews led by those on the front lines of filling EH&S positions.
- **Discuss** the best practices for ASSE Student Sections and how the section can help you succeed in your journey.

Spend the evening at the Salt Lake Bees season opener with Society and Regional level ASSE officers.

SLC@SLC registration begins Feb. 1st at [region2.asse.org](http://region2.asse.org)
Register Now For The 2015 Arizona Health & Safety Summit.

The 2015 Arizona Health & Safety Summit will be held on Thursday, April 16, 2015 at the Chaparral Suites Scottsdale located at 5001 N Scottsdale Rd in Scottsdale, Arizona.

Attendees will receive CEU credits for the PDC (pending approval, traditionally 0.7 CEUs are awarded).

Discounts are available for Groups of 4 or more attendees - save $100, e-mail asse@asseaz.com for more.

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7th Annual New Mexico Mine Health and Safety Conference


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The Foundation’s 21st Safety Matters Silent Auction will be held during Safety 2015 in Dallas this June and is always one of the conferences most popular event. Each year donors from around the country give to the auction. And, now that you can bid from your smartphone, bidders from around the world can win your donation!

Donate a Gift for the Silent Auction

Items sent to ASSE Foundation for display during Safety 2015 must be received no later than May 15, 2015. For more information on the Silent Auction, contact Matthew Sells at 847.768.3447 or msells@asse.org.
Here is a summary of chapter giving in Region II for the past 3 years. This counts only donations made specifically from the chapter, not from individuals in the chapter. This is as of December 15,

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<th>CHAPTER</th>
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The Region II Scholarship’s fund balance is (unaudited) at $50,728 as of September 30, 2014, though I couldn’t find any donations made to it since then so that should be pretty accurate for its current state.

The Foundation will announce scholarship and grant recipients around April 1! We’re looking forward to sharing the winners with you!

It may be too late to add to your newsletter, but the application period for the Family Scholarship Fund will close on February 1. The fund provides a scholarship to an individual who lost a loved one in a workplace incident. We ask that ASSE members nominate someone they know and ask them to apply.

Finally, we invite all chapters to take part in the auction or golf outing during Safety 2015! Anyone can learn more about both events or make a donation online at [http://www.asse.org/foundation/safety-pdc/](http://www.asse.org/foundation/safety-pdc/). If they have any questions on anything please have them email or call me and I’d be glad to speak with them.